

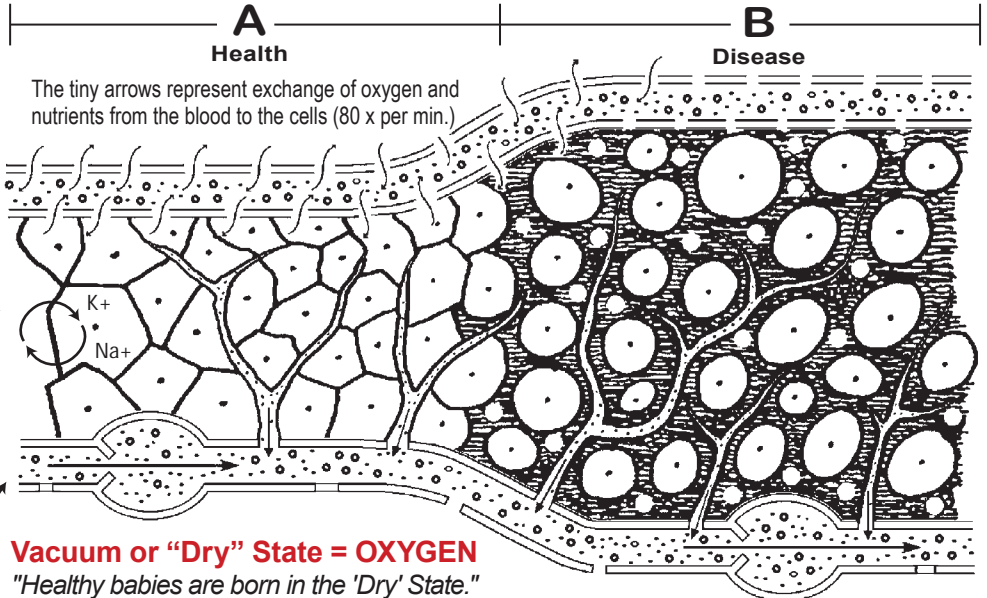


# International Academy of Lymphology

"Home Study for Self-Healing;  
A Healer In Every Home"

## Healthy Vacuum State / Diseased Swamp State

### HOW DO CELLS GET OXYGEN FROM THE BLOOD STREAM?



**A Blood Vessel**  
Along 6,000 miles of capillaries, blood proteins and water normally escape the bloodstream via tiny pores. The rate can dramatically increase during shock, stress, poison, injury, or heavy exertion.

### How is Oxygen Converted To Power At The Cell Level?

"It takes oxygen to turn on the (Na+) sodium(K+)potassium pumps in every cell which generates electricity that gives the eyes the power to see, the brain the power to work, and so forth!"

© Dr. C Samuel West, 1976, All Rights Reserved.

### A Lymphatic Vessel

Approximately 24,000 miles of these vessels go up in between the cells having the *unique ability* to remove blood proteins and water or various debris from around the cells thereby maintaining the cells in the "Vacuum State". The one-way check valves keep things moving along.

### Vacuum or "Dry" State = OXYGEN

"Healthy babies are born in the 'Dry' State."

Dr. C. Samuel West - Nov, 2001

*This condition enables every cell to obtain abundant levels of oxygen and nutrients from the blood stream. It's perfect! There is no inflammation. No pain, loss of energy, or degeneration!*

### CAN YOU CURE A LAW OF NATURE?

#### Natural Death / Disease Process:

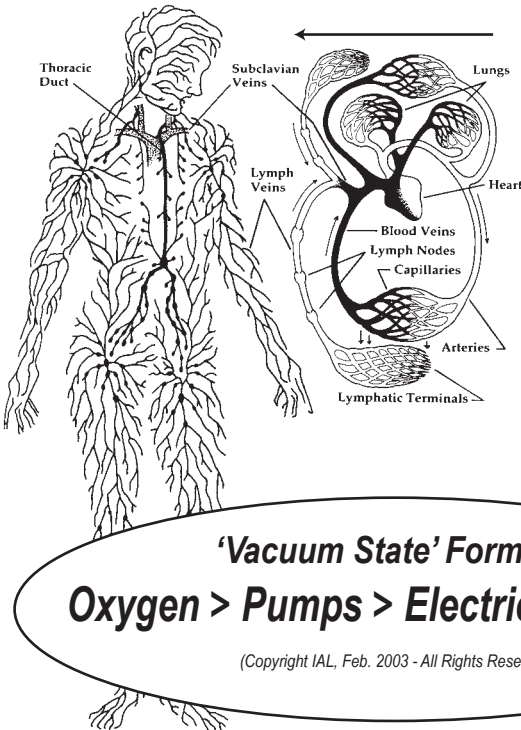
Excess Fluid, Excess Na+, & Lack of O<sub>2</sub> = Acidity, Lost Energy, Free Radicals etc.

#### How is oxygen in the blood stream blocked from tissues?

Excess fluid around cells can act as a barrier. This condition is called "internal drowning" where the Na+ K+ pumps (the electric generators) are being "shut off". The result is pain, loss of energy and can lead to disease. The name of any degenerative disease only serves to tell us where the problem is. We teach how these conditions develop, as well as what people can do to reverse them at home.

**The Lymphatic System** is like a tree in your body. The branches go up inside the head, the roots go down in the feet, and the trunk in the chest is called the thoracic duct. It's primary purpose is to vacuum pack the tissues of each vital organ so the blood stream can bathe each and every cell with an abundance of oxygen and nutrients.

*Everyone should already know that oxygen and nutrients must be delivered to the cells by the blood vessels. What everyone (even doctors) need to be taught is that for oxygen and nutrients to get to all cells, the lymphatic vessels must continually pull the cells tight and close together into what Dr. Arthur C. Guyton called the 'Dry' State! The IAL Self-Help Home Study Course teaches people how to assist and enable this process. To hear a FREE presentation call 1-800-975-0123.*



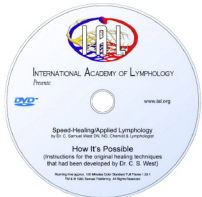
### 'Vacuum State' Formula:

**Oxygen > Pumps > Electricity > Power**

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**Get 7 FREE Lessons on  
Speed-Healing & Applied Lymphology  
by visiting [www.ial.org](http://www.ial.org) soon!**

Many of the priceless discoveries you see taught on this page were made between 1930-1961. Yet they have also been sorely neglected, obscured, and basically trampled over by the formal medical and educational system to this day. In September of 1981 Dr. C. Samuel West DN, ND, Chemist & Lymphologist started the International Academy of Lymphology (I.A.L.) to bring this life saving research to the world.



# THE SPEED HEALING PROCESS IS NOW REVEALED!

The Discoveries Relating Blood, Lymphatics, Life-Process,  
AND Cell Ecology Reveal How Everyone Can Help

## Stop Pain, Cancer, & Any Degenerative Disease!

We are here to tell the world that most of the research to stop heart-disease, cancer, or any other degenerative disease has already been done. Vital discoveries have long revealed the relationship between the blood and lymphatic systems in the maintenance of conditions that make life (and healing) possible for any and all tissues of the body.

**Major Medical Breakthroughs!** No need to suffer with pain or disease. You can heal your body at home. With Dr. C. Samuel West's Speed-Healing & Applied Lymphology course we guarantee to teach you more about: **1) How the cells in your body work, 2) What cause them not to work, and 3) What you must do to get the cells in the organs and various parts of the body that are not working to work again,** than you can learn anywhere else in the world.

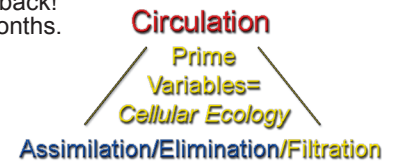
We have the research to revolutionize the entire field of health care (alternative and conventional) to the point where (if we're careful) we may never be a victim of medical experimentation ever again! We have the science behind every healing art on earth.. This science of lymphology is primarily concerned with the optimal renewal of the ideal conditions for life, proper immunity, and healing. *Empower yourself with 7 Golden Discoveries as originally taught exclusively by the International Academy of Lymphology.* Discover universal healing principles and processes that only the science of lymphology can reveal.

Learn the science behind every healing art on earth and the most sophisticated approach to health care imagineable. YOU can be your best physical therapist and doctor. *You have more **ability**, more **opportunity**, and more **motivation** to enable your own body to heal itself than anyone else in the world!*

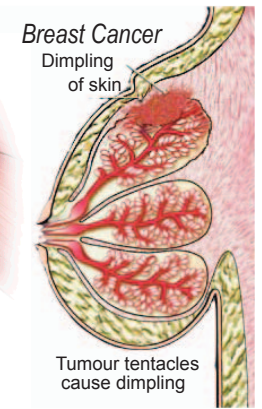
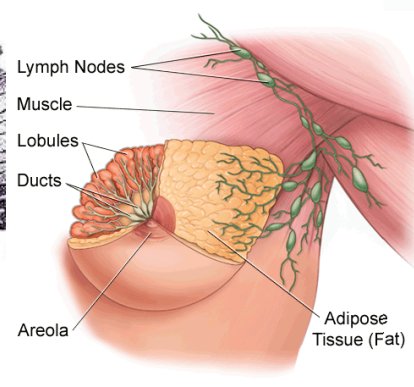
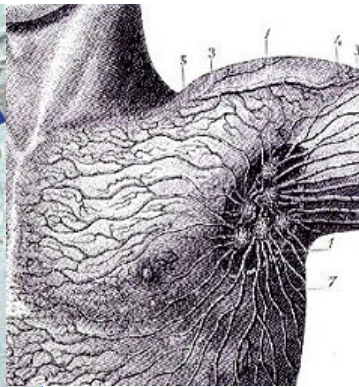
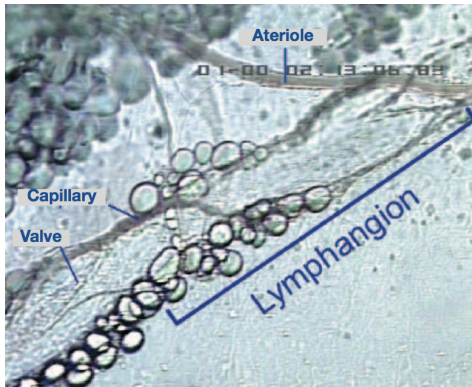
It took Dr. C. Samuel West seventeen years to uncover the research done at the Harvard Medical School, the Tulane School of Medicine and the Mississippi School of Medicine that proved the blood proteins and water coming out of the blood stream is the actual cause of pain, cancer, heart disease, diabetes, and all other crippling and killer diseases! He included much of that research in the materials of the Speed-Healing & Applied Lymphology course we offer today.

Countless people everywhere around the world have long been caused to suffer needlessly throughout their lives, due to lack of knowledge about these discoveries and false dependence on medical..even certain alternative professionals. Our main objective now is to teach somewhere in the neighborhood of 70 Million lay people the discoveries pertaining to blood and lymph, life process, and cell environment that are revealed in the Speed-Healing & Applied Lymphology program of the IAL.

- Learn an advanced form of chiropractics that enables you to put your own neck and hips in place in less than five minutes!
- Relieve headaches and lower back pain in less than five minutes. Heal these so the pain never comes back!
- Relieve pain from smashed fingers, broken bones, etc., within minutes or hours, instead of weeks or months.
- Take the pain and swelling out of burns within fifteen to thirty minutes.
- Relieve pain from sore arms and legs; muscles, joints and other pains in less than sixty seconds.
- Increase your energy, and stamina with a lymphatic fitness regimen that adheres to First Do No Harm.
- Prevent and reverse degenerative diseases throughout your lifetime.
- Keep your goals set to high level wellness for the remainder of your life.



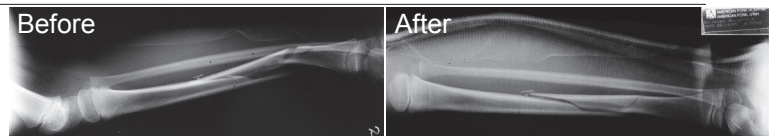
**You will learn:** *The Life Processes (beginning at the cell level). The causes of pain, inflammation, any degenerative disease, or even just plain natural death. What daily habits speed up the death process. Lymphological Principles of Prevention. How to conquer disease, relieve pain by yourself at home, and all without pharmaceuticals. AND the new approach for Speed-Healing!*



### "WE CAN TEACH PEOPLE HOW TO SPEED UP THE HEALING PROCESS!"

#### Our Bodies Were Created To Heal Themselves!

A little girl got hit by a car; her legs were badly broken. Doctors prepared for pins and surgery. (Left x-ray is before & right x-ray shows the miraculous results after the Power Plants technique by Dr. West.) Doctors are taught this is impossible. X-rays don't lie! *No pins or surgery were used!*



To see a complete list of our educational materials and course offerings  
**Visit the Academy of Lymphology at [www.ial.org](http://www.ial.org)**

Get 7 FREE Lessons from our home page, OR hear a "special 15 min. audio" that summarizes a 3-4 hour lecture that Dr. C. Samuel West gave for 17 yrs.

Contact the IAL by dialing 801-226-0123 or 800-975-0123

